



TO CHILDREN AND CITIZENS AGED 18 TO 30 YEARS OLD

Date 01.12.2024

**OBJECT : CALL FOR THE SELECTION OF YOUNG PEOPLE WHO WILL
TAKE PART TO ERASMUS + PROGRAM-ACTION SPORT 2024**

PROJECT: “OVER LIMITS SPORTS” ERASMUS-SPORT-2024-SSCP-101183656

PROMOTER:

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PARTNERS:

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THE PRESIDENTS

given the financial approval of the above-mentioned project by the Erasmus+ Program-2014 Action Sport,

INVITE

Young people aged between 18 to 30 years old to take part to the contest for the selection of 2 people who will take part to the following activities:

- Mobility Activities as indicated in the attachment A to this call.

ABOUT THE PROJECT

The project "Over Limits Sports" intends to initiate a process that promotes the social inclusion of people with psychological problems through the practice of sporting activities for young people. Through the organization of various types of sporting activities, which will be carried out involving young people from different European countries, the project makes them aware of their own value. "Over Limits Sports" helps the young people involved to discover the possibility of practicing new sports and activities to strengthen their self-esteem. In fact, each partner will organize sporting activities and workshops, depending on the skills and experiences of each organisation; for example, basketball activities will be carried out in Greece, rhythmic gymnastics activities in Croatia, cycling activities in Macedonia and so on.

The project intends to pursue the following specific objectives:

1)To make direct participants and all those who, even indirectly, will benefit from the results of the project, aware of the importance of sport as a tool that guarantees physical and mental well-being.

2)To favor a process that promotes the social inclusion of participants. Following the implementation of the project activities, the participants, feeling more confident in themselves, will be able to seize the opportunities that life offers them, managing to live more easily in their communities.

3) To promote cooperation between organizations from different European countries.

4) To increase volunteers' skills in various sports. Following the project activities, each staff will have learned how to manage workshops for people with psychological problems to practice different sports

FINANCIAL SOURCES

All the activities are financed by the Erasmus Plus Program.

DEADLINE

The application will have to be submitted at the latest by 31/12/2024.

PROCEDURE FOR SUBMISSION OF THE APPLICATION

The application will have to be submitted in person to registered offices of the organization of the country of residence of the interested person or sent to the e-mail address of the organizations.

In order to apply, candidates are invited to arrange the following documents:

- Annex 1. Application with date and signature;
- Photocopy of both sides of valid ID card;

PROCEDURE OF SELECTION

The choice of the participants will be carried out through a shared methodology among partners.

Staff and coordinators of the project will set up interviews in the period between 03/01/2025 and 09/01/2025.

The interviews will be realized at the seat of the organization.

PUBLICATION OF THE CANDIDATES' LIST

On 13th January 2025 the selected candidates will be contacted by the organization.

For further information, please visit the project website : www.overlimitssport.com

Salerno, 01.12.2024

The coordinator
(Virginia Avallone)